



Photo by Staff Sgt. Paul Coupaud

## Honorable visit

Maj. Richard Breitbach, the Joint Expeditionary Force Experiment mission crew commander here from the 133rd Air Control Squadron of the Iowa National Guard, guides Secretary of the Air Force, The Honorable F. Whitten Peters, through the JEFX Battle Control Center during his visit here Wednesday. See next week's Bullseye for information about the Secretary's visit.



## Action Line

652-4636  
commander.action@nellis.af.mil

Col. Andrew Dichter  
99th Air Base Wing commander

### Action Line Process

Nellis' Action Line is your direct line to the 99th Air Base Wing Commander, Col. Andrew Dichter. If you have worked through normal channels and are not satisfied with the answer, the Action Line is your opportunity to ask questions or make suggestions about subjects of concern to the Nellis community. Please leave your name and phone num-

ber in case more specific information is required. You may also use our e-mail address: commander.action@nellis.af.mil. Action Lines of general interest will be published in the Bullseye; others will be answered by phone. Remember, the quickest and most efficient way to solve a problem is to talk directly to the office that is responsible. This gives them a chance to help you and perhaps improve the process.

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Fitness Center..... 652-6433

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## A look back. . .

In the Aug. 10, 1979 edition, Prime Beef has an exercise where they destroy a building and lay runway matting. The movies playing were Hanover Street, The Love Bug, The Champ, Blazing Saddles, Sunnyside and Escape to Athena.

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# Operations tempo remains retention challenge

By **Jim Garamone**

American Forces Press Service

WASHINGTON (AFPN) — The proposed pay raise, pay table reform and changes to the retirement system will have a positive influence on military retention rates, but officials are still concerned about the effects of operations tempo, said Vice Adm. Patricia A. Tracey.

Adm. Tracey, deputy assistant secretary of defense for military personnel policy, also said the Department of Defense must better understand how members' concerns about their families may be causing mid-level officers and noncommissioned officers to leave the services. DOD must do more to address these quality-of-life issues, she said.

## Mid-year report

The mid-year report on retention in the military is mixed, she said.

"The Army has a great year go-

ing, the Navy is doing OK — they'd like to be better. The Air Force is struggling and the Marines are doing well," she said during an interview.

"Yet, a very robust economy out there means these men and women believe they can get out and have more personal time with their families," she said.

Adm. Tracey said visiting and talking with people in the field reveals members' attempts to balance family and service demands have a lot to do with retention problems.

"Young officers and enlisted personnel see time as the most important commodity. They are the 'latchkey kids' and they will not do the same thing to their children," she said. "We must address this concern."

DOD is doing more than just promoting pay raises and retirement reform, she said. The department is working with Congress to increase the amounts of special pays and incentives available as

retention tools.

Another initiative will raise the ceiling for selective re-enlistment bonuses from the current \$45,000 to \$60,000.

"The most important signal of all is that everyone in Washington has been talking about the importance of retaining experience in the military," Adm. Tracey said. "After 10 years of downsizing, that's the right kind of dialogue to have."

## Problem

Opstempo remains a problem. Since the end of the Cold War, more U.S. service members have been deploying to hotspots around the world. Adm. Tracey said the services are looking at ways to make military life "more predictable."

Some personnel tempo problems result from the turbulence created by downsizing and consolidation, she said. Opstempo generally drives perstempo, but so does how well a unit is manned.

"In some cases, we have the right number of people, but they may still be in training," she said.

Of course, the careful operations tempo and personnel tempo planning go by the wayside when an operation like Allied Force comes along, she said.

Another problem with retention is a mindset, Adm. Tracey said.

"Some commanders have been asked for half their careers to help downsize the force, and now they have to help retain an experienced force," she said.

## Systematic changes

The services must make some systemic changes, she said. One of these is to reverse the time-in-grade changes made during the height of the drawdown. The services shortened the time people could stay in grade as part of the drawdown strategy.

"It takes more than a stroke of a pen to make these changes," she said. "You have to think your way

through the changes to reverse that process. There are innumerable things like that. But the biggest issue is what the field's focus is — drawdown or retention."

Bringing back re-enlistment NCOs is another aspect the military should consider, she said. Re-up NCOs helped "sell" those in the service on making the military a career.

Adm. Tracey said DOD also must examine quality-of-life considerations.

What exit surveys show as the most important considerations may vary by service, but taking care of the families is important to all.

"This is a very married force," Adm. Tracey said. "Not only is it very married, but among the more junior people it is a very family-focused force."

With that in mind, DOD will survey service members in September to determine, in part, what importance service members attach to quality of life issues.

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# Nellis news

## Public Affairs closed

The Public Affairs office will close at noon Sept. 10 for an off-site.

## Hazardous material

The Quarterly Hazardous Material Awareness Seminar will be held at the Recycling Center, Bldg. 461, from 8 to 10 a.m. Sept. 22.

This training is for anyone who buys, handles or manages hazardous material.

Only the first 30 individuals who register can attend the seminar due to limited seating.

To register or for more information, call 652-6410.

## AREA meeting

The Southern Nevada Chapter of the Army and Air Force Exchange Service will hold a dinner meeting at 5:30 p.m. Sept. 8 at Bob's Big Boy, 2131 Rock Springs Dr.

Please RSVP no later than Sept. 3 by calling Mr. Jerry Greenberg at 658-1153.

## AFSPA meeting

The Silver State Chapter of the Air Force Security Police Association will meet at 7 p.m. Sept. 21 in Bldg. 11.

Membership is open to anyone who has or still serves in the security forces field.

For more information, call Mr. Jon Mehringer at 639-6046.

## Patrol agents needed

The U.S. Border Patrol is looking for recruits.

For more information, call 912-757-3001, Ext. 9931 or visit their Internet site at [www.usajobs.opm.gov](http://www.usajobs.opm.gov).

## Girl Scouts wanted

The Girl Scouts of Nellis are looking for girls and adults to be a part of the Girl Scout experience.

Girls ages 5 to 17 are encouraged to going.

Adults are needed as leaders, resource and skill specialists and drivers.

For more information, call 643-9144.

## Supply training courses

The 99th Supply Squadron's supply customer training courses can be located on the squadron's web page under "Units" on the Nellis Home Page.

The course offers an introduction to supply, equipment custodian, repair cycle, and due-in-from-maintenance.

For more information, call 652-7550 or 652-7176.

## Kick the Tobacco Habit

Tobacco Cessation classes are offered every Thursday at 9:30 a.m. and 5 p.m.

The program consists of five one-hour classes. The five-week

program includes information on nutrition, stress management.

For more information, contact the HAWC at 653-3376.

## Women's soccer

The Nellis women's soccer team is currently looking for anyone interested in playing.

The season runs from September to March with games against other Las Vegas recreation league teams. Games are played Sundays.

An introductory clinic will be held Saturday at Sawyer Middle School near Tropicana and Rainbow, with days for further practices to be determined later.

Registration must be completed before Wednesday.

For more information, call 655-2261 or 643-5153.

## Grand opening

The Thrift Shop is holding its grand opening at 10 a.m. Sept. 7.

All profits from the sale of items in the Thrift Shop are used for scholarships and various charities distributed through the Officers' Wives Club.

Consignment drop times are the same during days of operation, 10 a.m. to 1 p.m.

The Thrift Shop hours of operation are from 10 a.m. to 2 p.m. Tuesdays and Thursdays and the first Saturday of each month, 10 a.m. to 2 p.m.

For more information call 644-3777.

## AFCEA luncheon

Come one, come all to the monthly Armed Forces Communications-Electronics Association luncheon at 11:30 a.m. Tuesday at the Nellis Family Support Center. Lunch will be subs and pizza for \$5 per person at the door.

Please RSVP to 2nd Lt. Kristine Munn at 652-7580.

*See News on Page 9*

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# Da bomb

**By Staff Sgt. Jim Bianchi**

AWFC Public Affairs

The 57th Equipment Maintenance Squadrons Munition's Storage Area is one of the largest and busiest munitions areas in Air Combat Command, and it's the job of the Munitions Flight to ensure the chaff, bullets, bombs and missals are safe to use and ready to drop.

"We support all of the Flag and Air Warrior exercises. We also support all of our sister services and our allies from around the world," said 2nd Lt. David P. Goode, 57th Equipment Maintenance Squadron's munitions flight commander.

Because of the high number of diverse aircraft that fly at the Nellis ranges, the munitions flight has gained a wealth of experience with many aircraft, "We can configure a weapons system for almost any aircraft flying on the Nellis ranges," said Senior Master Sgt. Tony Largent, the munitions flight chief.

Sgt. Largent said the Munitions Flight is the busiest in ACC. "More than 49 percent of all of ACC's munitions are assembled and expelled right here at Nellis," according to Sgt. Largent.

It takes a lot of manpower and dedication to fulfill the needs of such a busy place as the Nellis ranges. "With 11 duty sections and 165 people, we're bigger than some squadrons," said Sgt. Largent.

While working hard is important, being safe is more important, and last year the munitions flight proved how good they are by winning the 1998 Air Force Missile Safety Award.

The men and women of the Munitions Flight are well trained and in demand, taking their expertise on the road. "Our people are constantly deployed, supporting Operation Northern Watch, Southern Watch and Joint Forge," said Sgt. Largent.

"We're considered the most diversified munitions flight in ACC. Last year we supported 17 different airframes for approximately 18,000 sorties," said Sgt. Largent, "It keeps us busy."



**Airman Misty A. Paul, precision guided munitions crewmember, performs maintenance on a GBU-15 control section.**



*Photos by Staff Sgt. Robert J. Kloos*

**Staff Sgt. David J. Altmyer, 57th Munitions Flight crewchief, and Airman 1st Class Jon Magdanz, 57th Munitions Flight crewmember, check their maintenance manual on a GBU-15 bomb.**

# News

Continued from Page 6

### Used books needed

The American Red Cross is collecting used books, paperback or hardcover, in good condition for their annual fund-raiser. Books may be dropped off at the Red Cross office in the old hospital, Bldg. 625, or at the Mike O’Callaghan Federal Hospital information desk. All proceeds will be used to support Nellis American Red Cross volunteer activities.

Further information at 652-2106.

### Library hours

The Library will be closed Saturday and Sunday. Normal hours

will resume Wednesday.

### ARC orientation

Orientations for new American Red Cross volunteers are held in the Mike O’Callaghan Federal Hospital at 10 a.m. every Friday.

Volunteers should bring their shot records and CPR cards (if current) and meet at the hospital information desk.

Call 652-2106 or 653-3254 for available positions or other information.

### Parenting classes

The Mike O’Callaghan Federal Hospital has classes for expectant parents:

*Sibling classes* will be offered

monthly to children 3 years and up who are expecting a new brother or sister. The scheduled dates and times are from 10 to 11:30 a.m. Sept. 18, Oct. 23, Nov. 13 and Dec. 18.

The *Refresher Childbirth* class for seasoned parents will be held from 11 a.m. to 2 p.m. Saturday, Oct. 16 and Dec. 11.

Six two-hour *Prepared Childbirth* classes are given monthly for first time parents. All classes are free.

*Infant CPR* classes will be held

from 1:15 to 4:30 p.m. Saturday. Seating is limited. Interested participants can sign up in the OB clinic.

Call Maj. Elizabeth Cowles at 653-3508 to register.

### Water conservation

From now until Sept. 30 odd-numbered buildings will water on odd-numbered days and even-numbered buildings will water on even-numbered days.

Newly planted yards or areas need watering everyday, no longer

than 10 to 15 minutes. These new areas may only be hand-watered if it’s not your day to water according to the base watering schedule.

No watering will be allowed from 10 a.m. to 7 p.m.

### False charge

Due to a computer problem, some Armed Forces Bank customers may have been charged 50 cents for using an Armed Forces Bank ATM Monday. Customers who were charged should call the bank at 651-8228.

## Advertisement



# State Department issues worldwide caution for key dates

**By Master Sgt.  
Brian Hibbard**  
52nd FW Public Affairs

SPANGDAHLEM AIR BASE, Germany (AFPN) — The State Department wants people, especially those living overseas, to remain vigilant against terrorism. Although not a response to any one particular threat or event, the department sent out a worldwide warning recently to emphasize its ongoing concern for the security of Americans overseas.

“In addition to our overall con-

cern, there is always the possibility that terrorists may take actions against Americans or American interests on or around significant dates,” said the statement titled “Worldwide Caution.” One significant date is Aug. 20, which marks the one-year anniversary of U.S. strikes against terrorist targets in Afghanistan and Sudan. According to the release, the Department of State continues to receive reports that prompt concern about the safety and security of both official U.S. government

employees and American citizens. As a result, security has been increased at U.S. government facilities worldwide. The statement urges U.S. citizens traveling or residing abroad to review their security practices, to remain alert to changing situations, and to exercise caution. In addition, the statement warns that terrorists — including Usama bin Ladin, who has been indicted for the 1998 bombings in Africa and for threatening to kill American citizens outside the United States — continue their threats

against the United States and do not distinguish between military and civilian targets. The overall risk to people living in the Spangdahlem and Bitburg community remains low, according to Special Agent Valerie Mackin of the Air Force Office of Special Investigations Detachment 518 here. However, people at other bases in Europe should check with their local AFOSI offices for information about the threat level in their area, she said. Mackin suggests people should

always be cautious and keep a look out for anything out of the ordinary. “If you’re out eating in a restaurant and someone approaches you and begins to ask intense questions about you, the base, the number of people, the number of aircraft, etc., this would be considered suspicious,” she said. Mackin also offers one other suggestion: “Don’t use the same route to work every day, and even if it’s 2 to 5 minutes, you should vary the time you travel each day.”



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Photo by Amn. Mark Kuhta

## Falcon visit

*Cadet 2nd Class Patrick Gioia, a U.S. Air Force Academy Falcon handler, shows off Echo, an Air Force mascot, to the staff at Mike O'Callaghan Federal Hospital during a visit from the falconers Monday. Cadet 3rd Class John Edwards and Cadet Gioia brought two falcon mascots to the Organization of Black Pilots and Tuskegee Airmen Joint convention at the Riviera Hotel and Casino that took place Saturday through Wednesday.*



## Spouse tuition assistance funding begins

The Air Force Aid Society recently announced plans to fund the Gen. George S. Brown Spouse Tuition Assistance Program for the 1999-2000 school year.

The purpose of STAP is to provide partial tuition assistance for high school or college programs to spouses of active-duty airmen or officers assigned to an overseas location.

The focus of the program is for completion of a degree or certificate that will provide increased job opportunities for spouses. STAP provides tuition assistance at a rate not to exceed 50 percent of unmet tuition charges per course, at a maximum of \$1,500 per academic year. The growing program spent more than \$1.3 million last year for more than 3,500 individual participants. Funding for 1999-2000 is set at \$1.7 million.

Contact your base education office or family support center for more information and application procedures, or visit the society's STAP Web site at <http://www.afas.org/stap.htm>.

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# Mobility 2000: Revolutionizing command and control

**By Maj. Phil Blahut**  
AMC Public Affairs

SCOTT AIR FORCE BASE , Ill. (AFPN) — Mobility 2000, or M2K, will revolutionize Air Mobility Command’s command, control, communications and computer system by providing a near-real-time, global, end-to-end digital data link between AMC aircraft and command and control centers, including the Federal Aviation Agency.

“This desired system will provide rapid, accurate and detailed air mobility mission status information,” said Col. Terry Williams, AMC’s chief of architectures and integration division and the Mobility 2000 working-group co-chairman. “In other words, AMC will be able to more efficiently track what, when, where and why as daily logistic events occur. We will be able to manage more like the commercial airline industry currently does and will be able to upgrade as they change.”

Col. Gregory Padula, director of operations management for the Tanker Airlift Control Center, co-chairs the M2K initiative with Wil-

liams. “Having a digital data link and information at our finger tips will allow us to significantly improve effectiveness, including combat capability,” Padula said. “It will also improve safety and avoid many unnecessary costs. When real-time political decisions drive real-time warfighting decisions, we need real-time command and control to execute them. M2K will give us that. Additionally, it will link us to the global network and to air traffic control systems, allowing integrated flight management and collaborative decision making.”

AMC’s Mobility 2000 working group has joined with aviation industry leaders from Delta Airlines and with modeling and business analyst experts from Arthur D. Little Inc., to analyze and design the AMC command, control, communications and computer system of the future. The group also works with the rest of the Air Force to ensure that they are part of the global grid of command and control.

To operate in the global air traffic management environment,

**See AMC on Page 15**

## VolunTeen

*Matthew Zabbo receives a certificate for VolunTeen of the Year from the American Red Cross. He assisted the Mike O’Callaghan Federal Hospital pharmacy staff during the summer. Approximately 60 VolunTeens participated in the program during June through August. The American Red Cross teen volunteers worked in various base agencies including the hospital pharmacy and cafeteria. Anyone interested in participating in the program next year should call the American Red Cross at 652-2106.*



Photo by Senior Airman Molly A. Gilliam

**Advertisement**

# Optempo, Perstempo: what the terms mean

**By Jim Garamone**

American Forces Press Service

WASHINGTON (AFPN) — Many service members are not sure what “optempo” and “perstempo” are, except they know they don’t like them high.

The terms are related, and service members and even some Defense Department officials use them interchangeably.

The fact is, they’re not the same.

A tempo is a musical term meaning the speed at which a piece is played. The word’s definition over time has expanded to mean the pace of an activity, as in the “tempo of everyday life is getting faster.”

DOD adopted “operations tempo” as a measure of the pace of an operation or operations in terms of equipment usage — aircraft “flying hours,” ship “steaming days” or “tank (driving) miles.” In the military way, the term became jargon: optempo.

Obviously, the optempo increases with the intensity of and number of operations.

Ms. Maria Hughes, senior readiness analyst in the Pentagon, said the services generally define personnel tempo — “perstempo” — as the time an individual spends away from home station. Each service measures somewhat dif-

ferently. Optempo and perstempo seem the same because they often rise and fall together, but they don’t have to.

Got that straight? Now, complicating the situation are two new terms officials are starting to use: “worktempo” and “deptempo.”

Worktempo is a newer of the two. It is generally defined as the pace of work that military personnel experience at home stations. In general, when a unit deploys, those members staying at home see a worktempo increase.

“They have to perform many of the same jobs with far fewer people,” said Army Lt. Col. Catherine Abbott, a Pentagon spokeswoman. Likewise, units preparing for deployment have an increase in worktempo prior to departure.

Deptempo stands for deployment tempo. It’s generally a measure of the number of days in one month that a unit would have to deploy to accomplish assigned training or operational missions. Scarce units in periods of high demand — for instance, Airborne Warning and Control System aircraft units — tend to have high deptempos.

So now you know what the DOD jargon means. Don’t get too comfortable with the definitions, though, because the defense authorization bill before Congress directs DOD to standardize the definitions. More on that effort later — as its tempo increases.

## AFPC announces first half of 2000 board schedule

RANDOLPH AIR FORCE BASE, Texas (AFPN) — The selection board schedule for the first half of 2000 begins with special selection boards followed by the major’s board, according to officials with the Air Force Personnel Center.

The special selection boards convene Jan. 10-14, while the line major’s board begins Jan. 24. The senior master sergeant evaluation board is scheduled to start Feb. 14.

These boards are just three of the 17 selection boards set for the first half of 2000. The schedule for the second half of 2000 will be released later in the year. Results from boards are generally released eight to 10 weeks after the boards adjourn.

The first half 2000 schedule is: Jan. 10 through 14 — Special Selection Boards. Jan. 24 through Feb. 4: Major Line, Major Judge Advocate General, Major Chaplain, Major Medical Service Corps, Major Nurse Corps, Major Biomedical Service Corps. Feb. 14 through March 3: Senior Master Sergeant Evaluation Board. March 21 through 23: Colonel Air National Guard, Captain JAG. March 27 through 31: Captain Line, Captain MSC, Captain NC, Captain BSC. May 1 through 5: Enlisted Supplemental. May 15 through 19: Special Selection Boards, Captain JAG.

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# Congress scrutinizes 'double-dipping' ban

***Should the bill pass, approximately 6,000 officers working for the federal government will receive full military retirement pay to go along with their civil service salary beginning Oct. 1.***

***By Staff Sgt.  
Michael Dorsey***  
Air Force Print News

WASHINGTON — A provision in the fiscal 2000 Defense

Authorization Bill to lift the ban on dual compensation could increase employment opportunities for retiring officers looking to continue working for the federal government.

Known as double-dipping, the 20-year-old dual-compensation law has two parts. In addition to retired regular military officers forfeiting half their retired military pay over \$10,450.77 (an inflation-adjusted amount), the other restriction concerns a \$110,700 cap from the combined total of military retired pay and federal civilian salary for all military retirees.

Under the current law, about 6,000 retired regular military officers now working for the federal government receive reduced retired pay.

Should the bill pass, these officers will receive full military retirement pay to go along with their civil service salary beginning Oct. 1.

The restriction does not apply to enlisted retirees.

Though not yet official, the bill is expected to pass in both the House and the Senate in September. There is no plan for retroactive payments, according to Air

Force officials.

Ms. Sharon Seymour, external staffing policy team chief for Air Force civilian personnel, said lifting the restriction Oct. 1 may help recruit former military officers for civilian federal positions that are hard to fill, such as those requiring rated expertise.

"There are provisions to get waivers to staff those hard-to-fill positions and this office staffed those waivers," Ms. Seymour said. "Now we won't have to impose that process. This helps to initiate hiring military officers from a variety of scarce skills."



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# AMC

*Continued from Page 12*

AMC is committing more than \$6 billion to modernize its aircraft avionics and communications systems. The M2K working group discovered that for an additional \$100 million they would solve the real-time command and control problem.

According to the working group, M2K provides many potential benefits. It will rapidly alert mobility agencies of potential problems with

crewmember status, load details and diplomatic clearances, and it will offer solutions to mission planners. It also matches mission scheduling capability with transportation requirements and selects the best aircraft for each mission.

The new system provides alternate delivery dates, submits and adjusts air traffic control flight plans and alerts AMC units of any changes in their schedules. After matching the right aircraft with mission requirements, M2K will record mission status, discrepancies, performance and readiness for AMC officials.

“M2K also is customer-user friendly,” said Williams. “It provides detailed load planning and can rapidly calculate changes for aircrews when needed. It also tracks aircraft position for any given mission, which should improve arrival/departure notifications and airdrop/information reporting.”

Especially useful to exercise and wartime planners, it also tracks and maintains airfield location capabili-

ties, drop and landing zones, air refueling tracks, and the availability of personnel services and support equipment. It further provides an en route system status to determine transportation and support availability.

Mobility 2000 is intended to be a cost-effective way to provide many operational benefits. The AMC financial management board’s 1999 report estimates that

when fully operational, M2K could save \$20 million per year in fuel, maintenance and aircrew travel expenses. That is a realistic goal, said Williams. Some commercial airlines using similar systems have already saved as much as \$100 million annually, he added.

AMC leaders have presented the working group’s findings to leaders throughout the Department of Defense.

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# New law mandates funeral support

WASHINGTON (AFPN) — Congress has passed a new law requiring the Defense Department to provide military funeral honors for each eligible retiree or veteran beginning Jan. 1.

Upon request, the new legislation directs DOD to provide, at a minimum, a ceremonial flag-folding, flag presentation to the next of kin, and the playing of taps at military funerals.

Because of base realignments and closures, force reductions and mission realignments, the area of responsibility for many bases has increased dramatically. The bases most heavily tasked to support military funerals are in Southern California, Texas, Ohio, Michigan and New England.

These bases continually expand their honor guard teams to meet the increasing demand for retiree and veteran funerals, but many can

no longer meet the demand using an all-volunteer honor guard program.

Master Sgt. Therese Hoggard, noncommissioned officer in charge of the honor guard at Lackland Air Force Base, Texas, said that 23 of the nearly 45 honor guard details done each month are military funerals and depending on the duty status of the deceased, involve anywhere from 10 to 20 airmen. Four of the eight Air Force bases in the state, including Lackland, are in San Antonio.

“All bases pitch in and help based on the ZIP code in Bexar County,” she said. With a unit of 45 airmen covering a 225-mile radius, Sgt. Hoggard said she remains on the hunt for more recruits to accommodate functions in the area.

Some bases use a quota system in which each unit provides a set

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***“We will watch to see how Congress expects the military to provide these funeral details on top of the missions they already have.”***

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Mr. Mike Wiswell  
Ohio American Legion internal affairs director

number of honor guard members to meet the growing demand for funeral honors. However, force reductions and high operation tempo have reduced the number of honor guard teams available to meet mission demands.

Military personnel strength is decreasing, but the demand for funeral honors support is increasing. For example, between 1989 and 1997, veteran deaths increased 18 percent. By 2002, veteran deaths are projected to increase another 25 percent, accord-

ing to the Air Force Services office.

Mr. Mike Wiswell, Ohio American Legion internal affairs director, said his organization, which supports military veterans, will keep a close eye on the new law.

“We view the new legislation as a positive step,” he said. “Like many mandates from Congress, we will watch the implementation process and how it works. We will watch to see how Congress expects the military to provide these

funeral details on top of the missions they already have.”

To support the ever-increasing demand for funeral honors, the Air Force has turned to the Air National Guard and the Air Force Reserve for help. In 1997 and 1998, Guard and Reserve members participated in a test program at March Air Reserve Base, Calif. Test participants were trained in honor guard ceremonies, issued honor guard uniforms and performed funeral details.

The test was an overwhelming success, according to Air Force officials, and many Air Reserve installations have started recruiting Guard and Reserve volunteers to augment honor guard teams at active-duty bases.

Although Guard and Reserve augmentation is the solution in some areas, many base honor

***See Law on Page 18***

Advertisement



# Law

*Continued from Page 17*

guard teams need a full-time commitment able to support two to four funerals every day. The lack of active, Guard and Reserve volunteers, coupled with projected increases in funeral requests, are driving a new initiative to pursue full-time manpower positions for base honor guard teams.

These positions may be full-time active, Guard and Reserve positions at Guard and Reserve installations, or at active-duty bases with the heaviest funeral honors workloads. As full-time positions become available, Guard and Reserve units could be asked to stand up full-time honor guard teams with designated areas of responsibility. These efforts will increase the Air Force's efficiency to support the increasing demand for funeral honors.

Currently, about 89,000 Air

Force veterans die annually, equating to more than 240 veterans eligible for funeral honors every day. Last year, base honor guards provided honors at more than 6,000 funerals. The Air Force projects more than 48,000 requests by 2002.

As the DOD's executive agent, Air Force Services is overseeing the development of a public-access Web page that provides information about military funeral honors entitlements. A toll-free telephone system is also being developed to link U.S. funeral directors to the deceased veteran's appropriate military service and the area where interment will take place.

Finally, an information kit will be sent to all U.S. funeral directors later this year so they can help families plan military funeral honors for their deceased loved ones.

**Advertisement**

# Education center alleviates guessing from education plan

**By Senior Airman  
Monica J. Munro**  
AWFC Public Affairs

For some, higher education brings thoughts of college campuses, the old rustic buildings, manicured grounds and classrooms filled with sleepy-eyed students who spent the prior evening cramming over cold pizza and strong coffee. For many military people though, it means rushing from work, still in BDUs, to either an on-base classroom, or maybe through heavy traffic to the local college campus, or even to their home computer to complete an on-line correspondence course.

For whatever idea or goal, the Nellis Education Center is the first place military students should visit.

Although the Education Center is willing to help with just about any outlet of higher learning — including Community College of the Air Force, local community colleges, correspondence courses and 4-year

universities — the first step is to decide where you are going.

“Anyone wanting to further their education must see one of our education counselors to map out a degree plan,” said Tech. Sgt. Jacqueline DeRocco, education and training specialist.

A degree plan is exactly what it sounds like. The counselor and student sit down to calculate the best way to achieve the degree the student wants.

“Every student has different needs and we are here to figure out what they need,” said Mrs. Dwana Broussard, guidance counselor. “We can plan a path to a CCAF degree or assist in transferring CCAF credits toward another degree through a different school.”

The Education Center can offer guidance with Air Force tuition assistance once the student has planned an education route.

According to Sgt. DeRocco, the Air Force will pay 75 percent — up to \$3,500 per year — of a



*Photo by Staff Sgt. Robert J. Kloos*

**Ms. Cheryl Daniels, 99th Contracting Squadron administrative technician, talks with Mrs. Dwana Broussard, education guidance counselor, about enrolling in fall classes.**

student's tuition provided the student doesn't abuse the privilege.

“Students who continually drop or withdraw from courses may have tuition assistance revoked,” Sgt.

DeRocco said.

Sgt. DeRocco added that students are responsible for the balance of their tuition in the event they fail a course.

Most college fall terms begin soon, but that doesn't mean it's too late to begin planning a degree.

For more information, call the Education Center at 652-5280.

**Advertisement**

# 1999 Defense Almanac available on Web

WASHINGTON (AFPN) — The 1999 Defense Almanac is alive, well and running at [www.defenselink.mil/pubs/almanac/](http://www.defenselink.mil/pubs/almanac/).

From 1980 through 1997, Defense magazine printed an annual compendium of Department of Defense facts and figures known as the “Almanac.” As part of a broad cost cutting effort to move to a paperless environment, the Defense Reform Initiative of 1997 ended printing of the magazine.

On Aug. 19, a new online Almanac made its debut. Past readers should find this new Almanac even more useful than paper editions of old because the Web allows continual updates of source information. Reference contents include data on DOD organizations, money, budgets and people. More categories will be added as information becomes available.

For more information about the Almanac can e-mail its editor, Jim Garamone, [atjagaram@hq.afis.osd.mil](mailto:atjagaram@hq.afis.osd.mil).



**Advertisement**



**Auto Skills Center 652-2284****State-approved Smog Inspector's Class**

The automotive field needs trained smog inspectors! The Automotive Skills Center is offering a state-approved smog inspector's class. The next one is Sept. 7 from 8 a.m. to 5 p.m. Cost is \$90.

**Bowling Center 652-2160****Bowling for Bucks**

Last chance to have a great time Bowling for Bucks this summer. Bowl now through Aug. 31 and pick up Bowling for Bucks punch card. Bowl 24 games, get your card punched, and you can earn two free 16-ounce beverages, three free games, an Air Combat Command key chain and the chance to win \$375 in cash prizes. Rack up bowling games and receive the opportunity to win up to \$1,000 cash. Final prize drawings will be held Sept. 10. For more information, call the Bowling Center at 652-2160.

**Education Center 652-5180****ASE registration**

Registration is now underway for the November 1999 ASE examinations. Each examinee is responsible for a \$25 registration fee and \$20 per exam in excess of the three funded examinations. For more information, call 652-9405.

**Tuition assistance**

Due to fiscal constraints, tuition assistance for job-related coursework will no longer be issued.

**Course on hold**

Senior NCO Academy Course 5 is on indefinite hold. People may still sign up for the course and ECI will send materials when the hold is lifted.

**Study skills class**

A learning and study strategies class will be held from 8:30 to 11:30 a.m. Sept. 13, 14, 29 and 30. Call the Education Center to sign up.

**Regristration**

CCSN: Registration for on-base courses is from Aug. 30 to Sept. 10, and term dates are from Sept. 13 to Dec. 3. OU: Registration for various courses is on-going though October. For more information, call 652-9453.

**Family Support Center 652-3327****Predeployment briefing**

Get information that can make deployments easier to cope with at 9 a.m. every Monday. Spouses are encouraged to attend.

**Ready, Set, Grow**

This workshop is designed for parents with children ages 3 to 36 months. Meet with other parents from 10 to 11 a.m. Mondays and share parenting information. Children can learn socializing skills as well.

**Intro to Career Focus**

Gain general employment information about the local area and get registered in the local job bank 9 to 10:30 a.m. every Tuesday.

**In and Out Budget**

Held from 2 to 4 p.m. Mondays, learn how to set up a budget. Bring income statement, monthly payments and a calculator.

**Careers in real estate**

This seminar, to be held from 9 to 11 a.m. Wednesday, is for anyone interested in a career in real estate. Discussions will range from the basic required qualifications to getting a real estate license.

**Saturday Morning Live**

New videophone services are available for military member's deployed, TDY or remote. The new servic is offered by appointment on the first Saturday of each month.

**Volunteer opportunities**

Volunteer opportunities are available at the FSC and Family Services. Learn job skills and make new friends. Free child care is available at the Child Development Center. For more information, call the FSC.

**Golf Course 652-2602****The Base-Level Air Force Golf Classic**

The base-level Air Force Golf Course Classic will be conducted at Sunrise Vista Golf Course Sept. 11. Winning teams will travel to the regional tournament at Travis, Air Force Base, Calif. The number of teams advancing will depend on the number of entries at base level.

A minimum of seven teams must enter to send one team to the finals. At the regional tournaments, top teams will qualify for the finals in November at the Walt Disney World Resort in Florida. First place winners at the finals will receive two round-trip airline tickets to anywhere in the Continental United States, plus a \$300 gift certificate per player for their home base pro shop. Second place winners receive a \$200 gift certificate, while third place winners receive a \$100 gift certificates.

The tournament is funded with entry fees and national corporate sponsorship. Each contestant pays a \$75 entry fee (\$300 per team), to help fund lodging and travel to the regional and final. All authorized users of the golf course are eligible including active duty and retired military, DOD/NAF civilians, reservists, and family members. Air Force Golf Classic is sponsored in part by Coca-Cola, USPA & IRA, and American Airlines. No federal endorsement of sponsors intended.

**Health & Wellness Center 653-3376****Web Page**

The HAWC web site is 99mdg.nellis.af.mil/hawc1.htm. Check for all HAWC program information.

**E-Mail Address**

The Health and Wellness Center can be reach via electronic mail at AMDS.HAWC@nellis.af.mil

**American Heart Walk**

The American Heart Walk is a non competitive 5 kilometer (3.2mile) event. Set your own pace, share in a light breakfast and fun fair following the walk. This year, events will include entertainment, face painting, street vendors, clowns and games. Take positive steps toward a healthier life by joining Team Nellis in the American Heart Walk 7:30 a.m. Oct. 23.

Contact the HAWC at 653-3376 to sign-up and for more information.

**Tobacco cessation**

Tobacco cessation classes are offered at 9:30 a.m. and 5 p.m. every Thursday. The program consists of five one-hour classes.

For more information, call the HAWC

**Cholesterol checks**

September is Cholesterol Education month. A cholesterol screening will be conducted by the HAWC from 11 a.m. to 1 p.m. Sept. 21 in the Base Exchange lobby.

**Library 652-4484****New Library hours**

Now through Aug. 31 the Library will be open from 10 a.m. to 8 p.m. Monday through Thursday, 10 a.m. to 6 p.m. Friday and closed Saturday and Sunday.

**Outdoor Recreation 652-8967****Global XIX Volksmarch**

Outdoor Recreation is hosting the Global XIX Volksmarch Sept. 25. The Volksmarch is a noncompetitive activity that anyone can participate in! You choose an 11kilometer or 20 kilometer run/walk along a marked route and ending at The Lakes, Holiday Inn Express on West Sahara. There is no cost to participate. Volksmarch medals can be purchased for a small fee.

**Skills Development 652-2849****Children's Ceramic Class**

The Skills Development Center is offering a back-to-school special at 10 a.m. Sept. 4, 11, and 18. Cost is \$15— save \$10. This three-week class teaches children how to pour, clean, and paint their choice of ceramic pieces.

**Youth Center 652-9307****Creativity camp**

The Youth Program is offering a free Creativity Camp everyday starting Monday through Sept. 3 from 4 to 8 p.m. There are many ways to approach life's challenges. Learn problem-solving techniques and creative thinking in this camp.

Anyone aged 13-16 can sign up at the Youth Center.

**Teen lock-in**

The Youth Program is hosting a Teen lock-in Sept. 11 starting at 4 p.m. Stay up as late as you want, and you won't even get into trouble! The cost is \$5 for members and \$8 for nonmembers. Anyone between the ages of 13 to 18 can sign up at the Youth Center.

**Baby-Sitter Club**

Looking for a baby-sitter? Call the Youth Center Baby-Sitter Club. Youth aged 13 and older are now available as sitters. Stop by the Youth Center to fill out an information sheet for a sitter.

**School-Age Program**

Before and After School care is available 6:30 to 9 a.m. and 3:30 to 6 p.m. Drama, computer, fun and arts and crafts are some of the activities for children aged 6-12. Pick up registration packets at the front desk and return along with your child's immunization record and both parents' pay statements. All children must have the Hepatitis B and Varicella vaccine before starting. Register between 6:30 a.m. to 8 p.m.

**Sports huddle****Squadron Elite Competition**

The 1999 Squadron Elite competition will take place Sept. 22 through 29 at various locations on base. This Olympic-style event is a squadron vs. squadron athletic competition.

Squadrons enter co-ed teams in 11 different activities: volleyball, softball, basketball, bowling, tennis, horseshoes, swimming, the mile relay, 5 kilometer run, golf and tug-o-war.

Sign-up with your squadron sports representative. The sign up deadline is Sept. 14.

**Football Frenzy**

Come out to the Enlisted Club and the Officer's Club, watch the football games and win prizes.

Prizes include sport shirts, \$150 sports apparel gift certificate, tickets to see the Falcons play the 49ers in San Francisco, tickets to the Super Bowl in Atlanta and tickets to the Pro Bowl in Honolulu.

SatoTravel, American Airlines, Best Western, and Miller Lite sponsor Football Frenzy.

# Health officials urge individuals to stretch exercise routines

**By Mr. Kevin Pitt**  
HAWC

Warming up, cooling down, and stretching are all parts of a well rounded workout.

All three have something else in common too – “many people don’t do any of them,” said Ms. Katie Heimburger, health fitness instructor.

Stretching can fit into either a warm-up, cool-down, or both. Usually the best type of warm-up and cool-down depends on the type of activity, she said.

Warm-ups are important for a couple of basic reasons. First, it literally helps to warm up your body.

“This is important as cold muscles and tendons are more prone to injury,” Ms. Heimburger said. “Warming up also ensures that adequate blood flow is sent to the active muscles. Increased blood flow to the muscles, including the heart, allows adequate oxygen and nutrients to be delivered

and by-products to be transported away.

“Performing a cool-down is good common sense as well,” she said. “One of the main ways blood is returned to the heart during activity is by muscle pumping. The contraction of your muscles squeezes the blood back to your heart. That is why you have heard the advice to keep walking after finishing a run. If you stop completely, the blood can pool in your legs which may cause dizziness or fainting.”

A cool-down will also speed up the removal of lactic acid from your muscles.

Lactic acid is formed in your body during carbohydrate metabolism. High levels of lactic acid cause muscle soreness. Cooling down helps to quickly lower these levels. This is especially important during interval training.

As mentioned earlier, the appropriate type of warm-up and cool-down depends on the activity.

Ms. Heimburger used golf as an



**Mr. Kevin Pitt stretches prior to exercising.**

*Photo by Amn. Mark Kuhta*

example.

“A good warm-up is very important,” she said. “In general, a good warm-up consists of doing the activity, but not at full speed. So starting on the driving range with some short iron shots before moving up to the higher clubs always makes

sense. Working in some light stretches at this time would also be a good idea. A cool-down after a round of golf is not that important. However, some stretching afterwards can help keep you limber and perhaps prevent some muscle stiffness.”

A longer cool-down would be much more important following a training run, she said.

Ms. Heimburger said the cool-down could include walking for a couple minutes followed by several minutes of stretching. The warm-up for a training run could be as simple as just starting out at slightly slower pace than normal.

“In the past, stretching was generally recommended as a warm-up activity,” she said. “Light stretching can still be included in a warm-up, but it is better to save extensive stretching for the cool-down. The reason is your connective tissues are much more elastic after your body temperature is elevated. So you can get a much more effective and safer stretch after you are warmed up.

“It is a good idea to just get into the habit of stretching after every workout,” she said. “Five minutes of stretching after each workout would be a good start to rounding out your workouts and overall fitness.”

**Advertisement**

# Crud craziness returns

**By: Jennifer Hibbard**  
Leisure Editor

Get your three-person team ready to compete in the Crud play-offs to be held at the Officers' Club Oct. 6 and 13. There is no entry fee, and the tournament is open to Officers' Club members and their immediate family members aged 21 and over. Teams can be all male, all female or coed.

Sign up no later than Sept. 10. Practice rounds will be held every Wednesday evening, beginning Sept. 15 at 5:30 p.m. at the Officers' Club. Anyone who attends on these nights will receive a ticket for a \$50 cash drawing each night. Base-level, first place team members will represent Nellis in the Air Combat Command finals and each

will receive \$100 club card credit.

The Air Combat Command finals will be held at Nellis this year at the Officers' Club Oct. 27-29. The ACC grand prizes are \$1,000 airline voucher, per person on the first place team; \$500 airline voucher, per person on the second place team; and \$250 airline voucher, per person on the third place team.

The Crud game uses a large pool table, a cue ball, and an object ball (usually striped).

The goal is to keep the object ball in motion or sink it in any pocket.

The players, or shooters, are given four lives (C-R-U-D). If a player participates in the game after his/her lives are lost, it will result in the loss of life from another live team member.

A play is made from either end of the table. The shooter must have at least one foot on the floor, and have the center of his/her hip around the corner of the table during the shot. The object ball must move at least six inches on all shots. The cue ball must leave the shooter's hand prior to contact with the object ball (no push shots).

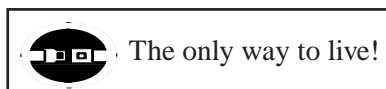
When the last player on a team is eliminated, the opposing team wins.

To sign up for this event, or for more information, call the Officers' Club at 644-2582. Allied Domecq Spirits USA sponsors the Crud Tournament.



*Courtesy photo*

**Crud players are needed for Air Combat Command's Crud Challenge. The base-level tournament is Oct. 6 and 13 and is open to all Club members and their families.**



Advertisement



# At the movies

Today  
**SUMMER OF SAM (R)**

*John Leguizamo, Adrien Brody*  
New York City's infamous summer of 1977 was one of the hottest summers on record and produced the city's first serial killer, whom the tabloids, quickly dubbed, "Son of Sam."

With the media playing an integral role in creating mass fear and paranoia, the whole city became a hotbed of trepidation and panic, captivating not only New York, but the entire world.

*Strong graphic violence, sexuality, pervasive strong language and drug use.*

Saturday 7 and 9:45 p.m.  
Sunday through Tuesday  
**THE WILD WILD WEST (PG-13)**

*Will Smith, Kevin Kline*  
Special government agents James West and Artemus Gordon are sent to track down the diabolical Dr. Arliss Loveless. Loveless is plotting to assassinate the President of the United States, Ulysses Grant.

*Action violence, sex references and innuendo.*

Unless otherwise indicated, all show times are at 7 p.m. with Saturday matinees at 1 p.m.

Wednesday, Thursday, Aug. 27  
**THE MUMMY (PG-13)**

*Brendan Fraser, Rachel Weisz*  
In 1925, an expedition of treasure seeking explorers in the Sahara Desert stumble upon an ancient tomb. The hunters unwittingly set loose a 3,000-year-old legacy of terror.

*Pervasive adventure, violence and some partial nudity.*

Aug. 28, 29 and 30  
**SOUTH PARK (R)**

*Animated*  
The South Park kids watch a movie containing bad language and are soon imitating it in school. When the parents and teachers hear it they begin turning the United States into a totalitarian state.

*Extreme profanity and adult humor. This movie is not for children.*

Closed Aug. 31 and Sept. 1

Sept. 2 and 3  
**DROP DEAD GORGEOUS (PG-13)**

*Kirstie Alley, Ellen Barkin*  
In the small town of Mount Rose, Minnesota everyone involved in the local beauty pageant contest knows only one thing counts. It isn't talent, physical fitness, current events or sportsmanship, it's being Number One!

*Irreverent and crude humor, sex-related material and language.*

Sept. 4, 5 and 6  
**EYES WIDE SHUT (R)**

*Tom Cruise, Nicole Kidman*  
Tom Cruise plays a doctor who is married to an art curator. One day his wife admits that she almost cheated on him and that leads Cruise's character through an odyssey of sexual and moral discovery.

*Strong sexual content, nudity, language and some drug-related material.*

Closed Sept. 7 and 8

Sept. 9 and 10  
**AMERICAN PIE (R)**

*Jason Biggs, Jennifer Coolidge*  
A group of friends at the end of their senior year make a pact to lose their virginity by prom night.

In their attempt to fulfill this mission, they come to some surprising, hilarious and often to touching realizations about themselves, their friendships, their notions of love and their relations with the opposite sex.

*Strong sexuality, crude sexual dialogue, language, drinking, all involving teens.*

Sept. 11 1, 7 and 9 p.m.  
Sept. 12 1 and 7 p.m.

**INSPECTOR GADGET (PG)**

*Matthew Broderick, Rupert Everett*  
Based on the popular cartoon character of the same name, "Inspector Gadget" is a wild and quirky adventure comedy about a somewhat naive and inept security guard, John Brown (Matthew

Broderick), whose big heart is equal to his far-fetched dreams of becoming the worlds greatest police officer.

*Wacky violence/action, language and innuendos.*

Sept. 13 and 14  
**THE HAUNTING (PG-13)**

*Liam Neeson, Catherine Zeta-Jones*

A remake of the classic 1963 movie "The Haunting" a professor draws three subjects to the Hill House mansion for a psychological experiment. During the course of the night some will unravel, some will question and will fight for their lives as the house fights back.

*Intense horror sequences.*

Closed Sept. 15

Sept. 16 and 17  
**LAKE PLACID (R)**

*Bridget Fonda, Bill Pullman*  
Welcome to Black Lake, its placid waters complement the pristine Maine wilderness it borders. This tranquil setting is probably the last place you'd expect a gruesome fatality. But then it's also the last place you'd expect to find a 30 foot, narrow-snouted, multi-tooth, reptilian of the species *Crocodylus*. An eating machine more commonly known as a Crocodile.

*Violent creature attacks and related gore, and for language.*

Advertisement

# Talent contest tests families

The Community Center and Youth Center are co-hosting the base-level family talent contest beginning Sept. 13.

“We are giving families an opportunity to play together and compete for prizes,” said Ms. Rosie Ward, Community Center director.

Family members can participate together or individually in five different categories. They include parent and youth team, husband and wife team, children ages 3-7, preteen ages 8-12, or family (at least three or more family members). At least one adult in the group must be active-duty, and the children must be dependents of an active-duty member.

All acts will be videotaped at the Community Center. Base-level, first-place winners will receive plaques, and their video will be forwarded to Air Force Services Agency. Acts will be judged on technical excellence, showmanship and costuming. Each contestant whose tape is submitted will compete for Air Force-level prizes.

The first, second and third place acts in each category will receive these prizes-first place is a \$500 savings bond, second place is a \$200 saving bonds, and third place is a \$100 savings bond.

Contestants should sign up by Sept.10 at either the Community Center or Youth Center.

For more information on the competition, call 652-5014.

Heard it all?



Now hear the truth.  
STRAIGHT TALK 652-4038.

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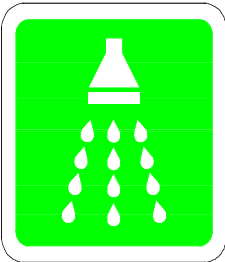
# Be a Hero

*Mike, Rena, Kaffy, and Remy Pepper are the “Be a Hero; Spend Time with Your Kids,” winners of \$500 off phone charges. James Arias won the \$200 off phone charges, and Carlos Dashell was the winner of \$50 in phone cards. AT&T and N&N Travel and Tours, Inc. sponsored the Be a Hero program.*

## Holiday hours

All 99th Services Squadron facilities will be closed Monday, Sept. 6, except the following:  
Golf Course: open from 5:30 a.m. till disk  
Mountain View Inn: open from 7 a.m. to 1 p.m., 4:30 p.m. to 6 p.m. and 10:30 p.m. to midnight.  
Sports and Fitness Center: open

8:30 a.m. to 5 p.m.  
Olympic Pool: open 11 a.m. to 6 p.m.  
Time Out Sports Lounge: open from 4 to 10 p.m.  
RED HORSE Inn: open from 7 a.m. to 1 p.m., 11 to 1 p.m., and 4 to 6 p.m.



**Be water wise. Abide by watering hours.**

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